

Ways to set an Achievable Goal to sustain Learning Motivation

Flow



FLOW

is a state that

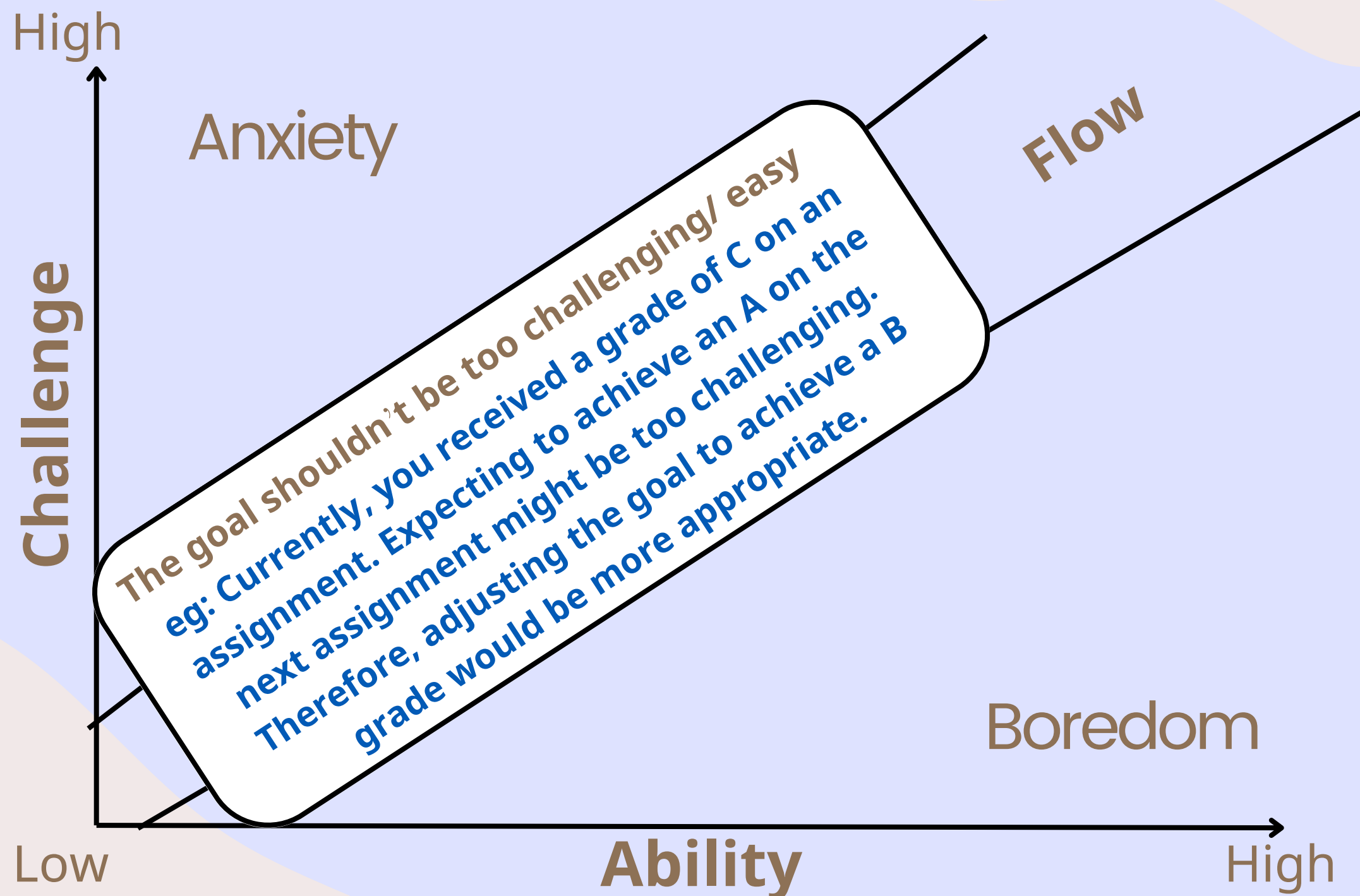
✓ student completely absorbed/
engrossed in their study to the
point of forgetting time, fatigue,
and everything else but the
study itself



Often leads to
Intrinsic Learning Motivation ↑
Learning Satisfaction ↑
Performance ↑
Learning Efficacy ↑

ACHIEVABLE GOAL & FLOW

to reach the state of flow, setting an achievable goal is necessary



Contact us to set an achievable goal for the new academic year

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